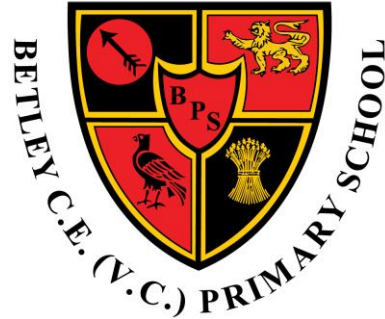


Early Years Foundation Stage

Food and Drink

Great Oak CE Learning Federation



Written on:	1 st September 2021
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Next review due by:	1 st September 2023
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Food and Drink

Early Years Foundation Stage is a fundamental element of the children's education and therefore staff at the Great Oak CE Learning Federation have agreed the following policy for Food and Drink.

Aims

This policy aims to ensure:

- To ensure that all aspects of food and nutrition in Early Years promote health and well-being of pupils, school personnel and visitors.
- To provide nutritious food that meets the children's individual dietary needs.
- To help children learn what healthy food is and for them to understand the importance of food and drink in a healthy lifestyle.
- To work with other schools to share good practice in order to improve this policy.

Food across the Curriculum

Food, nutrition and healthy eating is planned and taught at an appropriate level throughout each year group.

School Systems

- Pupil's dietary requirements are recorded on the child's registration card.
- The appropriate personnel are informed.
- Systems are in place to ensure that children receive the correct dietary requirements.
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Menu Planning

Menus are planned avoiding large quantities of:

- Fat
- Sugar
- Salt
- Artificial additives
- Preservatives
- Colourings

Break time snack

- Children are encouraged to choose from one of the healthy options for their snack.

Fruit in school

- We take part in the National Fruit in Schools Scheme where every child from Reception to Y2 has a piece of fruit as a snack each day.

Packed Lunches

- Parents are reminded that packed lunches should be healthy and balanced and should contain only water and no chocolate bars.
- Children are discouraged in sharing their food.
- Children should be encouraged to have a free school lunch.

School Lunches

- All our school lunches meet nutritional standards.
- The ingredients are fresh and there is a good variety of fruit and vegetables.

This is an important time of the day when we can:

- Nurture and build friendships
- Teach table manners
- Promote a balanced diet

Water in School

- Water is available at all times in school for children and staff.
- Parents are encouraged to provide water with their child's packed lunch

Working with Parents

- We work closely with parents to establish the correct dietary requirements for their children.
- Weekly menus are sent home a termly so that parents can discuss the menu with their child.
- Parents may observe school lunches at any time in order to view the quality food that we provide.
- Food in school is always a discussion point at most PTFA meetings.

Monitoring

Monitoring is undertaken by the Local Authority, the Headteacher, Staff, Governors and the PTFA.

Role of the Governing Body

The Governing Body has:

- delegated powers and responsibilities to the Headteacher to ensure all school personnel and stakeholders are aware of and comply with this policy and

- delegated powers and responsibilities to the Curriculum Committee and to the Headteacher to oversee the development of this policy.

Role of the Headteacher

The Headteacher will:

- ensure all school personnel, pupils and parents are aware of and comply with this policy;
- work closely with the link governor and coordinator;
- provide leadership and vision in respect of equality;
- provide guidance, support and training to all staff
- monitor the effectiveness of this policy;
- annually report to the Governing Body on the success and development of this policy

Role of the Subject Leader

The Subject Leader will:

- lead the development of this policy throughout Early Years;
- work closely with the Headteacher and the nominated governor;
- provide guidance and support to all staff;
- provide training for all staff on induction and when the need arises;
- keep up to date with new developments and resources;
- review and monitor;
- annually report to the Governing Body on the success and development of this policy

School Personnel

School Personnel will:

- comply with all aspects of this policy
- undertake appropriate training;
- implement the school's equalities policy and schemes;
- report and deal with all incidents of discrimination;
- attend appropriate training sessions on equality;
- report any concerns they have on any aspect of the school community

Role of Pupils

Pupils will:

- be aware of and comply with this policy;
- learn to take pride in their work;
- produce work of a high standard;
- listen carefully to all instructions given by the teacher;

- ask for further help if they do not understand;
- participate fully in all lessons;
- participate in discussions concerning progress and attainment;
- treat others, their work and equipment with respect;
- support the school Code of Conduct and guidance necessary to ensure the smooth running of the school;
- talk to others without shouting and will use language which is neither abusive nor offensive;
- hand in homework properly completed and on time;
- wear correct uniform
- liaise with the school council;
- take part in questionnaires and surveys

Role of Parents/carers

Parents/carers will:

- be made aware of this policy;
- comply with this policy;
- inform school of their child's dietary needs;
- inform school of any foods that their child might be allergic to
- inform school of any dietary rules connected with their religion;
- be encouraged to take an active role in the life of the school by attending:
 - parents and open evenings
 - parent-teacher consultations
 - class assemblies
 - school concerts
 - fundraising and social events
- encourage completion of homework and return it to school;
- provide the right conditions for homework to take place;
- hand in homework on time;
- support the school Code of Conduct and guidance necessary to ensure smooth running of the school

Raising Awareness of this Policy

We will raise awareness of this policy via:

- the School Handbook/Prospectus
- the school website

Equality Impact Assessment

Under the Equality Act 2010 we have a duty not to discriminate against people on the basis of their age, disability, gender, gender identity, pregnancy or maternity, race, religion or belief and sexual orientation.

This policy has been equality impact assessed and we believe that it is in line with the Equality Act 2010 as it is fair, it does not prioritise or disadvantage any pupil and it helps to promote equality at this school.

Monitoring the Effectiveness of the Policy

The practical application of this policy will be reviewed annually or when the need arises by the coordinator, the Headteacher and the nominated governor.

A statement of the policy's effectiveness and the necessary recommendations for improvement will be presented to the Governing Body for further discussion and endorsement. (See Policy Evaluation)

